



**BUILD
INVEST
ADVANCE
TRANSFORM**

2019 ANNUAL REPORT



Health Volunteers Overseas
Transforming Lives Through Education

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Mission Statement

Health Volunteers Overseas improves the availability and quality of health care through the education, training, and professional development of the health workforce in resource-challenged countries.

Vision

HVO envisions a world where all people have access to high quality health care delivered by local health professionals.

Values

- **Innovation** – We implement innovative, effective programs that meet the needs of host country institutions, are sustainable, and build local capacity.
- **Excellence** – We deliver transformative education projects that promote lifelong learning and professional development opportunities.
- **Partnership** – We work in partnership with other organizations, host governments and institutions, and local health care professionals in a cooperative spirit of mutual respect, equity, and integrity.
- **Stewardship** – We deeply value our members, donors, and volunteers and are committed to strong stewardship.

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*Cover photo: Volunteer Dr. Matthew Best (center)
with orthopaedic colleagues in Ghana.*

LETTER FROM THE CHAIR & EXECUTIVE DIRECTOR

As we write this letter in the midst of a global pandemic, we are reminded of how critical the work of HVO truly is. Our mission is to improve the availability and quality of health care through the education, training, and professional development of the health workforce in resource-challenged countries. We are providing instruction and professional collegial support for health professionals, many of whom are now on the frontlines of delivering care during a global health crisis.

Reflecting back on 2019, it was a strong year for HVO. We had 380 volunteers who served in 425 assignments, and 89 e-volunteers provided 3,600 hours of long-distance training and mentoring. All these efforts contributed to 3,280 providers receiving training.

In 2019, HVO began a new program, the Rita Feinberg Fellowship. Named in memory of a dear board member who had devoted her life to international development, the fellowship provides support for volunteers to serve in specific longer-term assignments requested by project sites. At the beginning of 2020, the first two fellows started their assignments in Bhutan in the fields of forensic pathology and emergency medicine training.

HVO opened eight new projects in 2019. Sixteen of our host-country colleagues received scholarships to participate in training and conferences around the globe. In Laos, the nurse anesthesia program was recognized by the International Federation of Nurse Anesthetists, and the program has now had three graduates. Haiti's physical therapy association, Société Haïtienne de Physiothérapie, was inducted as a full member in the World Confederation for Physical Therapy, a goal the association had been working toward for several years with HVO's assistance. In Nepal, the first two fellows graduated from the gynecologic oncology fellowship program and passed the International Gynecologic Cancer Society exam. In Malawi, the planning process started for the first national speech and language therapy program. These are just a few of the significant accomplishments of a productive and rewarding 2019 for HVO.

In early 2020, our world changed with the coronavirus pandemic. HVO pivoted to increase efforts in e-volunteering so that learning could continue even without volunteers at project sites. We were fortunate to be able to build on the strong e-volunteering foundation laid in 2019. Although COVID-19 necessitated suspending our in-person work, we are moving forward with e-volunteer assignments and exploring innovative ways to provide training and curriculum development.

We continue to conduct HVO's transforming work in a thoughtful, financially prudent manner. We recognize that our work depends on the commitment of dedicated volunteers and the continued generosity of our members, donors, and sponsors. We view our financial stewardship as a core underpinning of our mission. Your continued support for improving global health care is greatly appreciated.

Sincerely,

William C. Horton

William C. Horton, MD
Chair, HVO Board of Directors

Nancy A. Kelly

Nancy A. Kelly, MHS
Executive Director

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HVO 2019 SNAPSHOT

TRANSFORMING LIVES

In Bhutan's oncology project, palliative care home visits are now being conducted three times a week by a team of three palliative care nurses, a physician, and a social worker.

"HVO assignments introduced a whole new perspective in my patient care and interpersonal skills. It helped me be more health-economics conscious in my clinical decision making, paying more attention to clinical details rather than expensive laboratory and imaging investigations."

—HVO volunteer

BUILDING CAPACITY

In 2019, HVO collaborated on the development of a 12-month online course for the physical therapy faculty at the University of Yangon in Burma.

3,280

Globally, more than 3,280 health professionals received training and professional mentorship

INVESTING IN HEALTH PROFESSIONALS

The curriculum for HVO's nurse anesthesia program in Laos earned recognition by the International Federation of Nurse Anesthetists. The program now has three graduates.

ADVANCING GLOBAL HEALTH

425

volunteer assignments

102

projects

22

countries

BUILDING CAPACITY

The Perspective of Time

92%
would volunteer again

“We’ve worked ourselves out of a job. I feel sad but that’s also what our role was. What we were teaching can be done by senior staff at Angkor Hospital for Children, and that’s the way it should be.”

*—Robert Nassau, MD,
HVO project director,
Siem Reap, Cambodia*

Yvonne Vaucher, MD, MPH, a neonatologist at the University of California San Diego, has volunteered with HVO in Uganda every year since 1998. She first worked in the Mulago Hospital Special Care Baby Unit (SCBU) in Kampala, where she helped train pediatric residents. The unit had limited equipment, but it did have a remarkable resource in **Dr. Margaret Nakakeeto**, the head of the SCBU. Dr. Nakakeeto strove tirelessly to improve the care for sick newborns and assembled a group of dedicated nurses to assist in giving newborns a better chance for survival.

Dr. Vaucher’s annual visits over 21 years have given her the perspective of time to see the many significant changes that have occurred. Obstetric and neonatal services have moved to a nearby referral hospital, and the larger, better-equipped, and better-staffed NICU is under the direction of Dr. Nakakeeto.

A neonatology fellowship program has been established at Mulago Hospital, and by 2023 Uganda will have five fellowship-trained neonatologists, in addition to five neonatal nurses. The fellowship was developed by two physicians who initially received training with Dr. Vaucher as pediatric residents. **Dr. Ezekiel Mupere** went on to receive his PhD in epidemiology at Case Western Reserve University and is now head of the Department of Paediatrics and Child Health at Makerere University, School of Medicine. **Dr. Victoria Nakibuuka** is currently Uganda’s sole fellowship-trained neonatologist, having pursued a neonatology fellowship in South Africa. She established and directs the NICU at a nonprofit hospital in Kampala.

Another physician who trained as a pediatric resident with Dr. Vaucher, **Dr. Jane Aceng**, requested assistance with a hospital in northern Uganda, and, together, the physicians designed a small NICU. Recognized for her health care work in that area of the country, which had suffered through years of conflict, Dr. Aceng is now Uganda’s Minister of Health.

Dr. Vaucher says it has been a joy to work with professionals who are so committed to improving newborn survival in Uganda. As an HVO volunteer, she has found that the greatest reward is watching former students become leaders in advancing health care, and she is confident that Uganda’s newborns are in good hands.



Malawi

BUILDING CAPACITY

Training the Trainers

9 More than 9 health professionals trained on average per assignment by each HVO volunteer

“Our staffs are more skilled now. Because of this improvement they are more confident in [their work]. We have started distraction procedure on cleft lip and palate care, which has helped us to get recognition in the dental field in Nepal.”
—Dashrath Kafle, MD, assistant professor, Faculty of Dentistry, Kathmandu University School of Medicine, Nepal



The anesthesia team at Angkor Hospital for Children.

HVO'S 2019 Golden Apple Award was presented to the team of anesthesia providers at Angkor Hospital for Children in Siem Reap, Cambodia: Bunrum Ly, Eng Hor, Kang PuthChea, Im Peng An, Ho Sophal, and Dr. Nhoung Pheakdey. HVO's nurse anesthesia project in Cambodia began in 2004 with a goal of improving care delivery. It evolved to implement a curriculum that trained nurses to become nurse anesthetists, and later the project began focusing on developing the nurse anesthetists' teaching abilities. Today, this dedicated team of anesthesia providers not only provides expert care but also teaches other anesthesia providers in Cambodia and trains nurse anesthetists at the Lao Friends Hospital for Children in Luang Prabang, Laos. This team exemplifies the goal of “training the trainer” by sharing their skills nationally and regionally.

INVESTING IN HEALTH PROFESSIONALS

Future Leaders Recognized

16

**scholarships awarded
in 2019 to health
professionals from
HVO partner institutions**

“[Because of the conference I attended], I was able to understand the real application of recent advances, which I had studied in books only.... I could feel how much we are lagging behind and also realized that I have a great responsibility to uplift the field of oral pathology back in my country.”

**—Wyss Scholar Pratibha Poudel, BDS, MDS,
Department of Oral Pathology,
Kathmandu University, Nepal**

Through the Wyss Scholarship for Future Leaders in Global Health, host country colleagues can apply for funding to attend conferences and short-term training throughout the world. Selection is based on the applicants' demonstrated skills and leadership, as well as on references from their supervisors and HVO volunteers with whom they have worked.

Two 2019 Wyss scholars received high praise from their colleagues at international conferences.

Dr. Dinesh Pradhan, then a resident in the pediatrics department of Bhutan's Jigme Dorji Wangchuck National Referral Hospital, attended the German Society of Tropical Pediatrics and International Child Health conference. There he and HVO volunteer Christoph Funk, MUDr, presented their study, “Acute Encephalopathy in Children Admitted to PICU of the National Referral Hospital in Bhutan.” Their presentation was received with great interest and excitement. In a unanimous decision, the scientific panel honored the two physicians with the Helmut Wolf Award for Best Presentation.

Assuman Nuhu, a physical therapist faculty member at the University of Rwanda, traveled to Geneva to attend the World Confederation for Physical Therapy. He presented his research titled “Sports and Sports Injuries” and was honored with the Best Platform Presentation Award from the Africa Region.

As their peers have so clearly recognized, these talented health care professionals represent the future of global health care.



**(L-R) Dr. Christoph Funk and Dr. Dinesh Pradhan
honored in Germany.**

INVESTING IN HEALTH PROFESSIONALS

Advancing the Physiotherapy Profession in Malawi

13

e-learning specialties

52

e-learning projects

89

HVO e-learning
assignments in 2019

“I wish that I could ... volunteer in Bhutan again. Since this does not seem likely in the near future ... I am extending my HVO volunteer experience by participating from here in the U.S. so that the impact of my [work] with the staff, students, and interns in the [hospital’s] PT department did not end with my actual 2017 experience there.”
—HVO e-volunteer

In early 2018, a challenge was presented to Enock Chisati, PhD Fellow of the Consortium for Advanced Research Training in Africa (CARTA) and Head of the Physiotherapy Programme at the University of Malawi. Would he provide training for diploma-prepared physiotherapists to help them upgrade their skills and meet the accepted international standards for a bachelor’s degree, as recognized by the World Confederation for Physical Therapy?

A chance meeting with Leslie Glickman, PT, PhD, an HVO member working in Malawi on a Fulbright assignment, provided an unexpected opportunity. Dr. Glickman’s experience with developing and implementing a transitional and post-professional program at the University of Maryland was the expertise needed.



Enock Chisati

Over the next two years, the two educators prepared a curricular proposal and navigated the complicated process of approvals from the university—all while working together online and contending with time-zone differences and connectivity glitches. The new program has now been merged with the existing bachelor’s program, and formal approval is pending. Dr. Glickman and Mr. Chisati say that the program meets the needs of working professionals, can be delivered on a part-time basis, and is available almost entirely via the internet.

International collaborations, particularly those related to education, require patience, persistence, dedication, and a commitment to producing legitimate outcomes. Challenges clearly create opportunities, and Mr. Chisati and Dr. Glickman are excited to have developed a new, innovative way for diploma-trained physiotherapists to advance their careers and strengthen the physical therapy profession in Malawi.

ADVANCING GLOBAL HEALTH

The Keystone to Improving Health Care

From the HVO
community:

25+
presentations

14
publications

*“Babies don’t lie to you.
You pay attention to
them, and their symptoms
often will help you
determine what needs
to be done.”*

Winston Koo, MBBS

After a fulfilling career caring for newborns and teaching young physicians, Winston Koo, MBBS, decided it was time to explore other parts of the world and share his skills in resource-challenged countries. Through an internet search, he found HVO and was drawn to its emphasis on education and training—what he calls “the keystone” to improving health care.

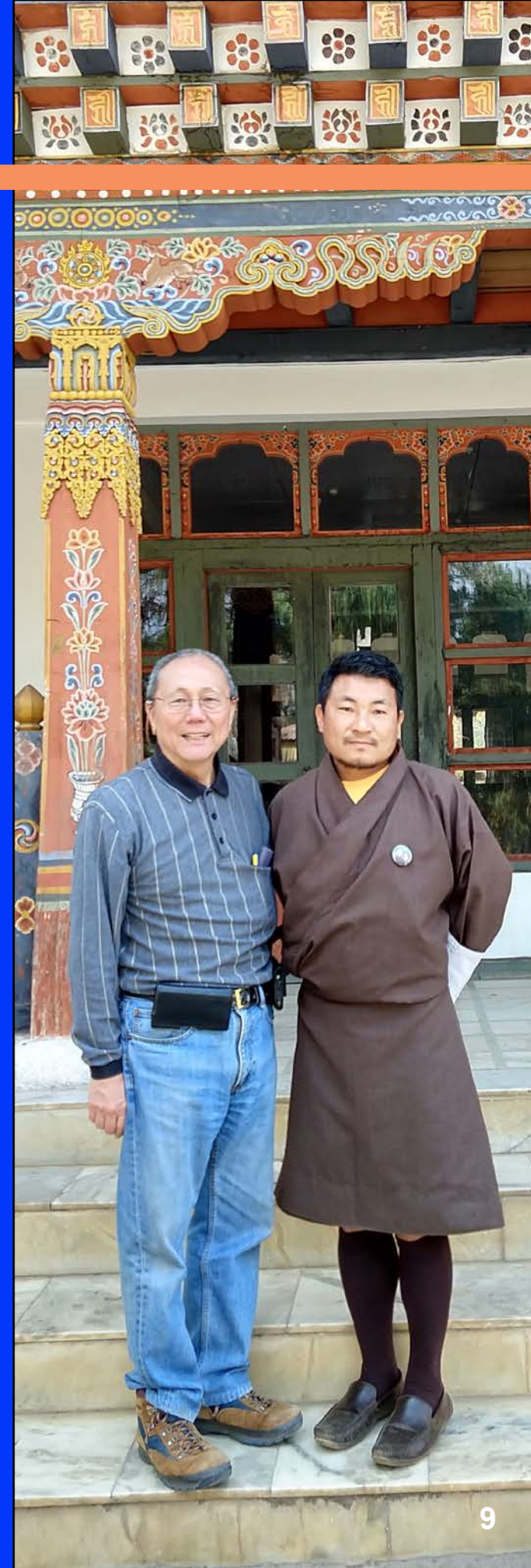
While others might opt for one assignment a year, Dr. Koo decided he would volunteer in as many sites as possible within a year. Then, he would focus on a particular site where his skills would be most helpful. He managed to volunteer at four sites over five months—Nepal, St. Lucia, Laos, and Bhutan—but then his plan to travel to Cambodia was sidelined by the COVID-19 pandemic.

Dr. Koo loves working with babies and observes that parents everywhere want the same thing—healthy, happy children. His HVO assignments provided him with several insights about global health care, which echo those of many other HVO volunteers.

Dr. Koo says he learned as much as he taught. For example, he saw diseases that he had previously only read about, such as neonatal tetanus. Although Dr. Koo saw some nutritional deficiencies at the sites where he volunteered, the babies were generally healthy. The deficiencies sometimes were related to cultural issues—for example, mothers chewing betel nut or following severely restricted dietary habits. In those situations, which might require long-term patient education and public health campaigns, he says it was best to temper his expectations about what could be accomplished in a short visit.

The premature infants Dr. Koo saw were larger and more mature than those he cared for in the US. As a result, they were more amenable to treatment. By providing a moderate amount of technical support that can be obtained in a resource-limited setting, he says, it is possible for these infants to survive and live a normal life.

Dr. Winston Koo & pharmacist in front of hospital in Bhutan



ADVANCING GLOBAL HEALTH

Dr. Koo was surprised by a tendency to focus too much on treating possible infections. This practice, he says, could miss noninfectious causes of a baby's symptoms. Furthermore, excessive antibiotic therapy risks development of antibiotic resistance. "Babies don't lie to you," he notes. "You pay attention to them, and their symptoms often will help you determine what needs to be done." As long as the principles of neonatal care are understood and practiced, Dr. Koo states, it is not necessary to have all the equipment commonly found in the US. In fact, he says, much of the equipment he saw was of the generation he trained with years ago.

For anyone considering an HVO volunteer assignment, Dr. Koo advises to keep an open mind, learn from colleagues at the site, and be willing to share best practices. He looks forward to the world reopening so he can continue offering his skills and knowledge to help give more infants a strong chance for a healthy life.

Dr. Winston Koo (L) on an outreach trip in Laos.



India

TRANSFORMING LIVES

A Legacy of Education

“Dave/Dad often mentioned his interest in sharing his knowledge and experience with others around the world. He had planned to work with HVO upon his retirement. As a family, we decided that the creation of this fund was the best way to honor his legacy.”

—The Lovejoy Family

As a result of training from
HVO volunteers, HVO
on-site coordinators
observed improvements in:

82%
efficiency of care

85%
patient outcomes

80%
patient safety

Dr. David Beaton Lovejoy Jr. was a dynamic and dedicated orthopaedic surgeon. In addition to serving many patients in his orthopaedics practices in large and small towns in New England, he generously gave his time and talent to his local community. For many years, however, Dave was looking to make an impact farther away by working with HVO.

Growing up, Dave played football and hockey and enjoyed the wilderness, leading canoe trips in Wisconsin and Canada. He graduated with honors in history from Yale and received his medical degree from the University of Rochester School of Medicine. Dr. Lovejoy then completed both a surgery residency at Tufts Medical Center in Boston and a second residency in orthopaedics at the Harvard Orthopaedic Combined Residency Program. An avid reader and skilled writer, he wrote an award-winning article about the development of hospitals in 19th-century America.

Dr. Lovejoy was a founding partner of an orthopaedics practice in the Boston area, worked at a hospital as a fracture surgeon, served as a clinical instructor in orthopaedics at Harvard Medical School, established and volunteered at an amputation clinic, and even made house calls. A devoted father of three daughters and two sons, he was deeply involved with his community, including serving as the chairman of the Board of Selectmen in Bethlehem, New Hampshire.

Dr. Lovejoy and his youngest daughter served in a clinic in Senegal, fulfilling his longtime desire to share his skills and knowledge with colleagues abroad. Following his unexpected death in 2013, his family decided to celebrate his life and his dream by sharing his excitement about practicing and teaching medicine in resource-challenged countries through a special fund at Health Volunteers Overseas.



TRANSFORMING LIVES

The David B. Lovejoy Memorial Fund was established in 2013 to give orthopaedic residents hands-on experience at HVO overseas project sites. To date, 19 residents have benefited from the opportunity, including four in 2019. Placed in areas of the world with scarce resources, the HVO physicians share their knowledge of disease and trauma conditions with local medical counterparts, simultaneously improving their skills as they learn from local colleagues. The residents return home not only with a deeper understanding of life and orthopaedics in resource-challenged countries, but also with a more expansive medical skill set and techniques that will serve them well in their careers.

HVO is grateful to Dr. Lovejoy and his family for their commitment to advancing global health by educating the physicians of the future.

“I have had various global health experiences throughout my medical training so far, and this has been one of the most rewarding. I think HVO’s emphasis on education and training of local providers is a very impactful model for global health and something I will look for and encourage in any future global health work I do. This experience broadened my perspective on some of the challenges of working in a resource-scarce environment, which I think is a valuable perspective to have both for any future global health experiences and in treating some of the patients I see at home.”

— Dr. Melissa Esparza, 2019 Lovejoy Fellow, Uganda

Ways to Support HVO’s Work

Give online: www.hvousing.org/donate

Ambassador-at-Large: Make your gift a recurring one!

The HVO Legacy Circle: Include HVO as a beneficiary in your estate planning.

IRA Distribution: If you are 70 ½ or older, you can make a “qualified charitable distribution” from your IRA to HVO and avoid taxes on transfers of up to \$100,000.

Gifts of Securities: You may avoid capital gains tax on securities held long-term and provide a tax deduction equal to the fair market value at the date of transfer.

Donor Advised Funds: Donor advised funds are an increasingly popular way to support HVO with funds you have already set aside for charitable purposes.

Bhutan

GOLDEN APPLE AWARD

The Golden Apple Award, established by the HVO Board of Directors in 2006, recognizes extraordinary contributions in support of HVO's mission, organization, and/or project sites. The honor recognizes work in curriculum development, mentoring of faculty, students, clinicians or fellow volunteers, didactic or clinical training, development of education resources, leadership and/or extraordinary contribution to the sustainability and effectiveness of HVO.

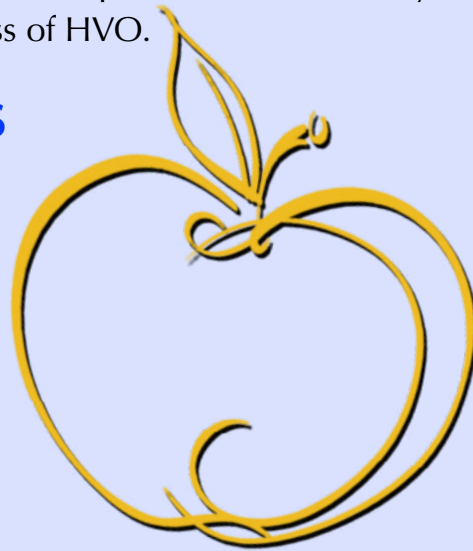
2019 GOLDEN APPLE HONOREES

Richard Fisher, MD
Christoph Funk, MUDr
Brian Hollander, DMD
Mimi Mynak, MBBS
George Pantely, MD

Recognized for their collective contribution to HVO's global health mission were:

The editors of the HVO-sponsored *Frontiers in Public Health* eBook *International Partnerships for Strengthening Health Care Workforce Capacity: Models of Collaborative Education* (Jeanne Leffers, PhD, RN, FAAN (lead editor); Jennifer Audette, PhD, PT; Kevin Hardwick, DDS, MPH; and William Van Cleve, MD, MPH).

The team of anesthesia providers at Angkor Hospital for Children in Siem Reap, Cambodia (Bunrum Ly, Eng Hor, Kang PuthCheat, Im Peng An, Ho Sophal, and Dr. Nhoung Pheakdey).



Bhutan

As a result of training from HVO volunteers, HVO on-site coordinators observed improvements in:

84%
staff attitudes

89%
staff clinical skills

79%
staff problem-solving skills

PARTNERSHIPS

2019 Collaborating Institutions & Organizations

We thank our many outstanding partners around the world for their support.

BHUTAN

Mongar

Eastern Regional Referral Hospital

Thimphu

Jigme Dorji Wangchuck National Referral Hospital

Ministry of Health

Royal Institute of Health Sciences

University of Medical Sciences

CAMBODIA

Kampot

Sonja Kill Memorial Hospital

Phnom Penh

Ciomal Kien Kleng Centre

HOPE Medical Centers

Preah Kossamak Hospital

Sihanouk Hospital Center of HOPE

Siem Reap

Angkor Hospital for Children

CHINA

Wenzhou

Second Affiliated Hospital of Wenzhou Medical School

COSTA RICA

San Jose

Caja Costarricense de Seguro Social System

Costa Rican College of Physicians

University of Costa Rica

GHANA

Kumasi

Komfo Anokye Teaching Hospital

Tamale

University for Development Studies

GUYANA

Georgetown

Georgetown Public Hospital Corporation

“I have been very passionate about working with HVO. Prior to being officially recognized, I assisted many volunteers for several years, and it came as a great honor. I truly cherish to serve as an on-site coordinator.”
—Alfred Aidoo, MB ChB
HVO on-site coordinator, Anesthesia, Ghana

HAITI

Deschappelles

Hôpital Albert Schweitzer

Port au Prince

Faculte d’Odontologie

Société Haïtienne de Physiothérapie

HONDURAS

Tegucigalpa

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University of Malawi

MOLDOVA

Chisinau

Clinical Hospital of Orthopaedics and Traumatology

Reconstructive Pediatric Hospital

Republic Hospital

MYANMAR

Yangon

Yangon General Hospital

Yangon Orthopaedic Hospital

NEPAL

Bhaktapur

Bhaktapur Cancer Hospital

Dhulikhel

Dhulikhel Hospital

Kathmandu

Dermatology Institute Skin Health & Referral Center

Kathmandu Medical College & Teaching Hospital

Kathmandu University School of

Medical Sciences

National Academy of Medical Sciences

Nepal Medical College & Teaching Hospital

Tansen

Lumbini Medical College

NICARAGUA

Managua

Hospital Escuela Antonio Lenin Fonseca

Hospital Escuela Roberto Calderón

Gutierrez

Hospital Fernando Velez Paiz

Hospital Infantil Manuel Jesus Rivera

Hospital Militar Escuela Alejandro

Davila Bolanos

Instituto Politecnico de la Salud

PARTNERSHIPS

PERU

Arequipa

Carlos Alberto Sequin Escobedo Hospital
Catholic University of Santa Maria
Yanahuara Hospital

Chiclayo

The Craniofacial Center of Hospital
Regional Docente, Las Mercedes

Lima (and other cities)

Empresa de Seguros de Salud (EsSalud)
Hospital System

PHILIPPINES

Manila

Philippine General Hospital

RWANDA

Kigali

King Faisal Hospital
Rwanda Physiotherapy Association
School of Health Sciences, College of
Medicine & Health Sciences,
University of Rwanda

ST. LUCIA

Vieux Fort

St. Jude Hospital

TANZANIA

Dar es Salaam

Muhimbili National Hospital
Muhimbili University of
Health and Allied Sciences
Tanzanian Dental
Association

Moshi

Kilimanjaro Christian
Medical Center

Mwanza

Weill Bugando Medical
Centre

UGANDA

Kabale

Kabale University School of Medicine

Kampala

Makerere University
Mulago National Referral Hospital

Mbarara

Mbarara University of Science and
Technology
Mbarara University Teaching Hospital

VIETNAM

Da Nang

Da Nang Orthopedic and
Rehabilitation Hospital
Da Nang University of Medical
Technology and Pharmacy

Hai Duong

Hai Duong Medical and Technical
University



Drs. Ariana Anugerah, Kim Nguyen, and Sarah Clark working in anesthesia in Ghana.

HANOI

National Cancer Hospital

HO CHI MINH CITY

Hospital for Traumatology and
Orthopaedics

HUE

Hue University of Medicine and
Pharmacy

UNITED STATES and ELSEWHERE

AO North America, Department of
Continuing Medical Education
Bhutan Foundation
Direct Relief International
Friends without a Border
Global-HELP
Global Impact
Global Volunteer Partnership
International College of Dentists
International Federation for Dental
Education

International Society for Prosthetics and
Orthotics
Orthopaedic Research and Education
Foundation
Orthopaedic Trauma Association
Society for Education in Anesthesia
United States Bone and Joint Initiative
US Department of State's Office of
Weapons Removal and Abatement
Vellore Christian Medical College
Foundation, Inc.
World Health Organization, Department
of Essential Health Technologies,
Emergency & Essential Surgical Care
Clinical Procedures Unit (CPR)
World Orthopaedic Concern

93%
would recommend HVO
to a colleague

LEADERSHIP

2019 Project Directors & Steering Committee Members

Volunteers provide the guidance and support essential for the success of HVO programs. These leaders work year-round in many capacities – on Steering Committees providing oversight and exploring new project opportunities, and as Project Directors recruiting and preparing volunteers, as well as monitoring and refining the educational goals of individual projects. Special thanks are due to these individuals who provide the framework for the management of HVO's educational programs.

* As of December 31, 2019

ANESTHESIA & NURSE ANESTHESIA STEERING COMMITTEES

F. Peter Buckley, MBBS, FRCA
Jo Davies, MBBS, FRCA
Marcel Durieux, MD, PhD
Brian Harrington, MD – chair

Shawn Collins, CRNA, DNP, PhD – chair
Rebekah Cummings, MSN, CRNA
Janet Dewan, MS, CRNA, PhD
Evan Koch, CRNA, MSN
Brett Morgan, DNP, CRNA

Project Directors

Bhutan William Byer, CRNA & Rebekah Cummings, MSN, CRNA
Cambodia (Kampot) – Vacant
Cambodia (Siem Reap) Richard Henker, PhD, RN, CRNA & Sarah Zangle, MSN, RN, CRNA
Ghana (Kumasi) Mark Brouillette, MD & Jeffrey Peters, MD, PhD
Ghana (Tamale) Brett Morgan, DNP, CRNA & Jeffrey Peters, MD, PhD
Laos Richard Henker, PhD, RN, CRNA
Malawi Jo Davies, MBBS, FRCA
Rwanda Robin Naden-Semba, CRNA, RN, MPH
Vietnam (Ho Chi Minh City)
Odinakachukwu Ehie, MD
Vietnam (Hue) Daniel Lee, MD, PhD

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Costa Rica Rudolf Roth, MD
Nepal Anita Haggstrom, MD & Neil Prose, MD
Uganda Alexia Knapp, MD, MS
Vietnam Gail Goldstein, MD

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Theresa Coetzer, PhD
Sumit Gupta, MD, PhD, FRCPC
Leslie Kean, MD, PhD – chair
Michael Linden, MD, PhD
Enrico Novelli, MD
Benjamin Rioux-Masse, MD
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Project Directors

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SCHOLARS OF 2019

Thanks to the generous contributions of donors, HVO offers a variety of scholarships to local health workers for continuing education and professional development opportunities around the world.

HVO SCHOLARSHIP

Patricia Bertrand & Johanne Eliacin (Société Haïtienne de Physiothérapie - Port-au-Prince, Haiti): Attended World Confederation for Physical Therapy (WCPT) Congress in Geneva

Damalie Mwogererwa (Mulago Specialized Women & Neonatal Hospital, Kampala, Uganda): Observed nursing NICU care in Maine, Florida, and California with volunteers Ellen Milan, RNC-NIC; Ann Carroll, BSN, NNP-BC, and Yvonne Vaucher, MD, MPH

Dr. Ramila Shilpakar (National Academy of Medical Sciences, Bir Hospital, Kathmandu, Nepal): Presented poster at International Association for Study of Lung Cancer's World Lung Cancer Conference in Barcelona, Spain, with support from Michael Glode, MD

WARFIELD SCHOLARSHIP FOR ANESTHESIA PROFESSIONALS

Hor Eng & Sy Ly (Lao Friends Hospital for Children, Luang Prabang, Laos): Attended the American Association of Nurse Anesthetists conference in Chicago, followed by clinical observation at Children's Hospital of Pittsburgh and UPMC Presbyterian

WYSS SCHOLARSHIP FOR FUTURE LEADERS IN GLOBAL HEALTH

Dr. Kimseng Hok (Cardiac Unit, Angkor Hospital for Children – Siem Reap, Cambodia): Participated in 6-week clinical training in pediatric cardiology and advanced echocardiography at Hanoi Medical University's Cardiac Center in Hanoi, Vietnam

Dr. Jimba Jatsho (Khesar Gyalpo University of Medical Sciences – Thimphu, Bhutan): Attended Advanced Pediatric Emergency Medicine Assembly in California, followed by a 3-week training in pediatric nephrology at University

of North Carolina/Chapel Hill where he was hosted by Dorey Glenn, MD

Dr. Mubashir Jusabani (Kilimanjaro Christian Medical Centre, Dept of Orthopaedics & Trauma – Moshi, Tanzania): Presented at the Global Spine Congress in Toronto, Canada

Drs. Tshering Pem & Sonam Yangzom (Khesar Gyalpo University of Medical Sciences – Thimphu, Bhutan): Attended the American Academy of Neurology's annual meeting in Philadelphia, and then were hosted by Byram Ozer, MD, PhD, in Washington, DC

Dr. Pratibha Poudel (Dept of Oral Pathology, Kathmandu University of Medical Sciences, Dhulikhel Hospital – Kathmandu, Nepal): Attended American Academy of Oral & Maxillofacial Pathology annual meeting in Miami, followed by two weeks observing with the University of Florida College of Dentistry, in their Oral Pathology Department, hosted by Nadim Islam, DDS, BDS

Dr. Dinesh Pradhan (Pediatrics Dept, Jigme Dorj Wangchuck National Referral Hospital – Thimphu, Bhutan): Presented at Society of Tropical Pediatrics & International Child Health conference in Germany with Christoph Funk, MUDr, followed by cardiology observations in Vienna, Austria with Jakob Hauser, MBBS

These three physical therapists attended the WCPT Congress in Geneva:

Inès Musabyemariya, PT (Heroes Day Care Center for Children with Severe Disabilities – Kigali, Rwanda)

Assuman Nuhu, PT (University of Rwanda, School of Health Sciences - Kigali, Rwanda)

Frank Olotu, PT (Kilimanjaro Christian Medical Centre, Dept of Orthopaedics & Trauma – Moshi, Tanzania)

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Mental Health Bhutan Anne Marie Tietjen, PhD
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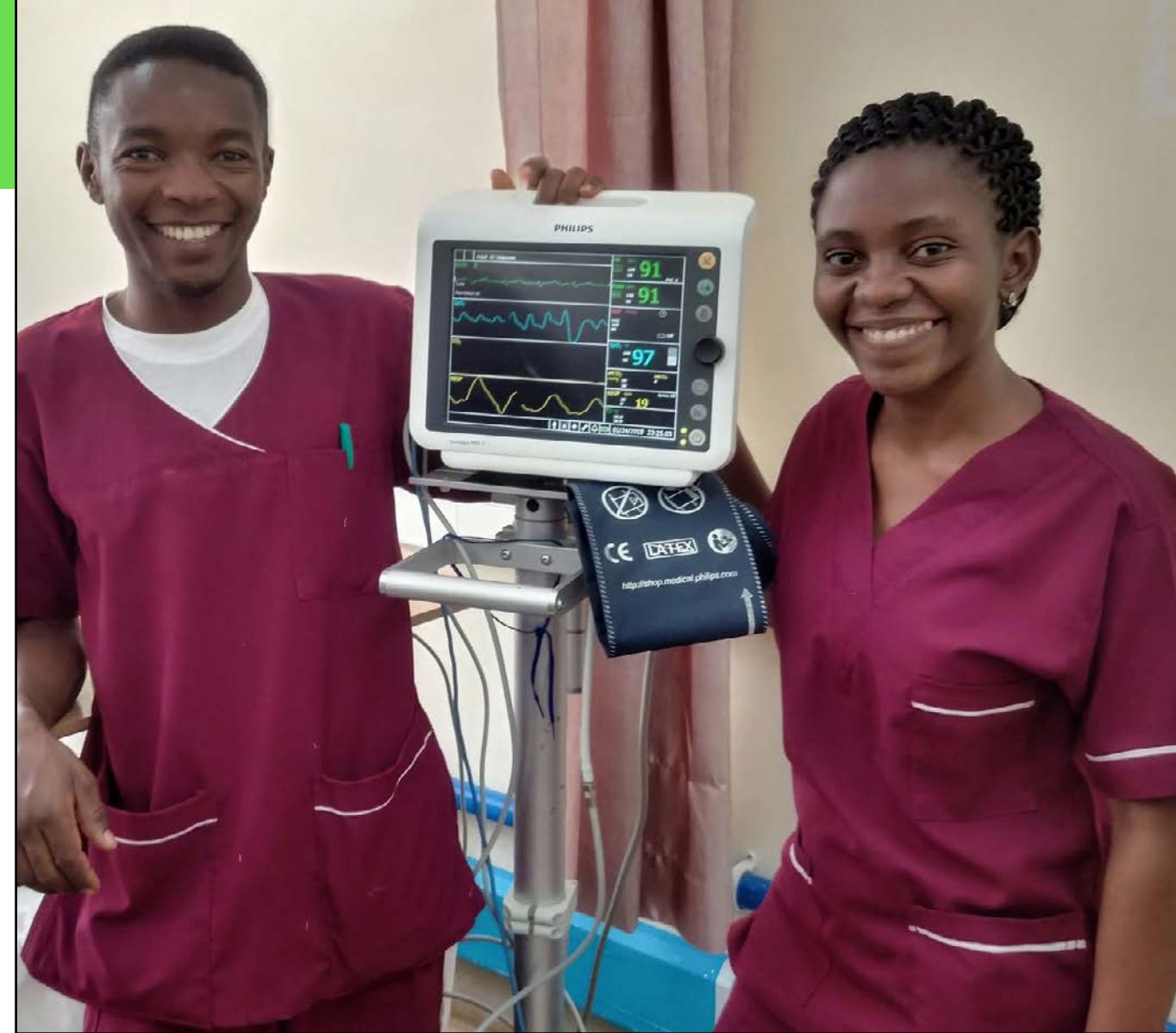
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Nurses in Tanzania appreciate their new Emergency Department equipment.

“Attendance at the 2019 WCPT Congress in Geneva was an intensive learning experience. I gained new knowledge, skills, [through] exploration of issues, practical experiences, new research ideas, learning directly from the experts, meeting physiotherapists from different parts of the world with different and new thinking.”

—Wyss Scholar Frank Olotu, PT, MSc, Orthopaedic & Trauma Department, Kilimanjaro Christian Medical Centre, Tanzania

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We thank the many individuals who completed volunteer assignments in 2019.

* Indicates multiple assignments completed

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Dr. Jonathan Blackwell (center) with hematology colleagues in Tanzania.

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**In 2019, HVO on-site
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Dr. Germaine Fritz (center) with hand surgery colleagues in Uganda.

*“Not all changes happen to nurses in host countries.
Changes happen to and within the HVO volunteers, too.*

The ‘transformation of lives’ works both ways.”

—Betty Beard, RN, MSN, PhD, Nursing Education, Vietnam

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“An experience beyond dreams ... the conference provided me not only with vast knowledge but it motivated me and made me feel more positive about taking neurology as my field of interest and that I should build neurology in [Bhutan], where currently there is no neurologist.”
—Wyss Scholar Sonam Yangzom, MD, Jigme Dorji Wangchuk
National Referral Hospital, Khesar Gyelpo University
of Medical Sciences of Bhutan, Thimphu, Bhutan

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*We thank the many people who have
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*The following special category of membership reflects the generous support of individuals committed to the future of our organization through a lifetime membership.**

** As of December 31, 2019*

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The following Surgeons' Circle members renewed their commitment to addressing the global health workforce crisis, making a second pledge to the Surgeons' Circle.

Yves Boudreau, MD
Richard Coughlin, MD, MSc
Jay Cox, MD
John Drake, MD
John Esterhai, MD
Richard Fisher, MD
Germaine Fritz, DO
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Gilbert Shapiro, MD
Carla Smith, MD, PhD
David Spiegel, MD
Steven Stoddard, MD



Drs. Steven Defroda and Paul Crowe (far L and second from L) with orthopaedic colleagues in Tanzania.

THE HVO LEGACY CIRCLE

The following people have made a commitment to HVO's future through a provision in their charitable gift planning.

Anonymous (8)

Charles & Sandy Blitzer

Richard Coughlin, MD, MSc

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The Estate of Karen Pitts Stubenvoll

Dr. Robert & Ann Volz

Dr. Bruce Anderson (L) shares oral health care tips in Laos.



HEALTH VOLUNTEERS OVERSEAS

Combined Statement of Activities

For the Year Ended December 31, 2019

| | Without Donor Restrictions | With Donor Restrictions | Total |
|-----------------------------------------------|----------------------------------|-------------------------------|-----------|
| Income: | | | |
| In-kind Contributions | 8,002,985 | 0 | 8,002,985 |
| Contributions and Grants | 509,078 | 539,562 | 1,048,640 |
| Investment Income, Net | 409,120 | 0 | 409,120 |
| Other | 49,762 | 0 | 49,762 |
| Satisfaction of Donor Restrictions | 387,526 | (387,526) | 0 |
| Total Income: | 9,358,471 | 152,036 | 9,510,507 |
| Expenses: | | | |
| Program Expenses (In-kind): | | | |
| Professional Services Donations | 7,159,541 | 0 | 7,159,541 |
| Travel Costs, Equipment, Other In-kind | 843,444 | 0 | 843,444 |
| Program Expenses (Other) | 1,287,636 | 0 | 1,287,636 |
| General & Administrative | 226,479 | 0 | 226,479 |
| Fundraising | 88,393 | 0 | 88,393 |
| Total Expenses: | 9,605,493 | 0 | 9,605,493 |
| Change in Net Assets: | (247,022) | 152,036 | (94,986) |
| Net Assets: | | | |
| Without Donor Restrictions | 625,410 | 0 | 625,410 |
| Without Donor Restrictions (Board-Designated) | 989,188 | 0 | 989,188 |
| With Donor Restrictions | 0 | 588,560 | 588,560 |
| Total Net Assets: | 1,614,598 | 588,560 | 2,203,158 |

The complete audited statements are available upon request and on the HVO website.

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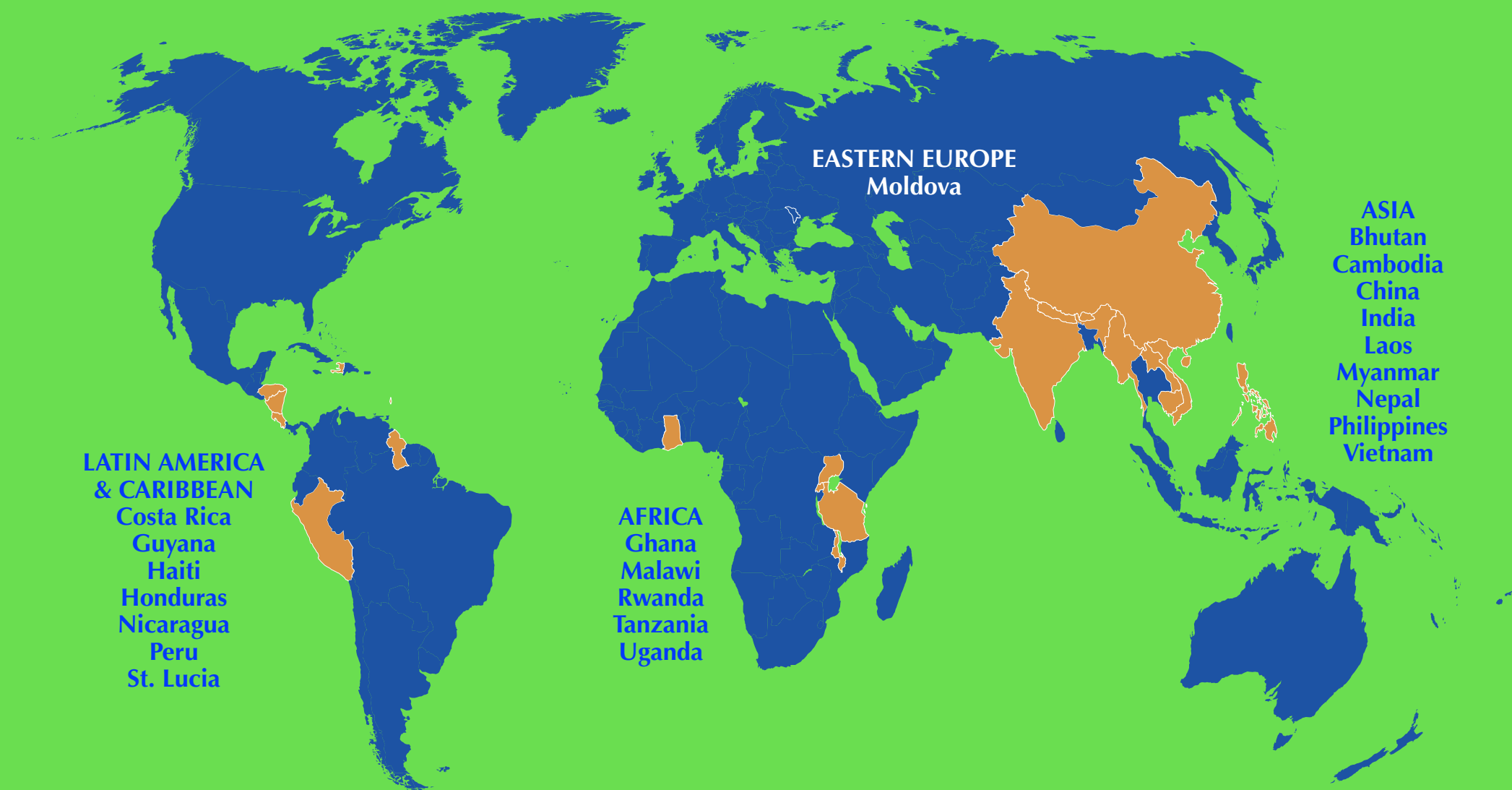
“As was told to me, it is critical to put your ego and lofty ideals on the back burner and just BE there in whatever capacity you are needed. Sometimes the most humbling tasks are so powerful as staff, patients, and families see you doing the simplest work.”

—Patricia Rogers, MSN, Nursing Education, Cambodia

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